

Key Discoveries in Sahaastitvavad – In Brief

-by Shriram Narasimhan, student 9 Jan 2024

A first-timer layman's introduction to the Originals by A.Nagraj (www.madhyasth.org)

Key Discoveries - Snapshot

1. **The emptiness, void, exists.** This void or *shunya* is *not really 'empty'*. It, itself is 'equilibrium energy' & 'consciousness' & hence the 'source of energy' for matter.
2. **Matter exists.** it undergoes *transformation*.
3. **The conscious entity or 'Self' exists.** It is a non-physical atom. It has been named '*jeevan*'. The 'conscious jeevan' is permanent, eternal and not subject to structural change, hence indestructible & *immortal*.
4. The immortal conscious 'Jeevan' is the one that **transmigrates**. It is the one that realizes, knows, remembers, analyses, discriminates and undergoes experiences. These various faculties are *inseparable* from one another.
5. **Every human is a combined form** of this 'conscious-atom'- 'jeevan' & the material body. The brain is a part of the material body and *not the conscious jeevan*.
6. Entire Existence is the infinite, **inseparable coexistence** of material & conscious nature in the pervasive void/emptiness. This itself is Coexistence.
7. There is **progressive awakening** in the faculties in the conscious atom to **different dimensions of reality**.
8. **Internal Conflict** arising from **delusion & illusion** in the conscious Self itself is the cause of human suffering & problems. This is due to **partial-functioning** in the conscious activities.
9. The full '**awakening**' of all faculties in the conscious atom (*jeevan*) results in fulfillment in the conscious self & in human living.
10. **Nature is in intrinsic Order. Existence is Stable.** Progress & evolution (in matter) and awakening (in conscious atom) are **definite**.

11. **I.e. The conscious atom (*jeevan*) itself has illusion about reality.** It hence experiences unhappiness, conflict, discontentment, bondage and disorder 'within' & as an individual, in family, society & nation-states. **The conscious atom (*jeevan*) itself becomes awakened to reality,** experiencing order, happiness, contentment & freedom 'within', thus expressing & enabling order 'outside' as individuals, families, society & nation-states.
12. **The human purpose** is to understand the above, behold this knowledge and live expressing this Order.

Nature of Reality / Metaphysics/Ontology

1. Matter, Insentient (*jarh prakriti*)

- Matter does not 'arise' from consciousness. Matter is not false or *mithya*.
- 'Matter' has always existed, and always will be. It is *distinct* from consciousness.
- The Human Body, including the brain, is insentient.
- Matter is **true**. It has 4 dimensions which can be cognized, of which two dimensions undergo transformation and are relative (*rupa* and *gunas*), while two dimensions do not undergo transformation & are absolute. (*swabhava* and *dharma*)

2. The Conscious Self, Sentient (*chaitanya prakriti*)

- ‘Consciousness’ does not ‘arise’ from the brain.
- ‘The Conscious-Self is not identical with ‘Universal consciousness’
- The Conscious Entity (‘Self’) is a constitutionally-complete atom (*prakriti*). Material nature itself undergoes development to form conscious nature (*jarh ka vikas hi chaitanya*)
- There can no longer be any change in structural form in this conscious atom – it is indestructible, hence **immortal**. This is called **gathan purnata** or constitution-perfection.
- There are innumerable conscious entities and each is *distinct*, but *similar*.
- Its final goal is complete knowledge and living with happiness, peace, contentment & bliss (sukh, shanti, santosh, anand)
- The various orbits, activities or faculties in the conscious self-atom, viz: *atma, buddhi, citta, vritti & mun* are inseparable.
- *The Conscious Self does not ‘sublimate’ into Consciousness on having knowledge’.*
- ‘I am not ‘Brahman’.
- ‘I am in Brahman. I, Me & Mine are *forever* present in Brahman.

3. Void/Energy/Consciousness (*brahman, shunya*)

- The ‘void’ is all pervasive (omnipresent), permeating, absolute energy, consciousness & *gyana*.
- *The ‘world’ does not ‘arise’ from Consciousness/Energy.*
- The ‘world’ or all material and conscious nature, exists **in** the expansive void/Energy/Consciousness/*Brahman*.
- ‘All is not Brahman’
- The world exists, inextricably, *in Brahman*.
- *Brahman*, or Void (*shunya*) or Omnipresence (*vyapak*) is in every ‘thing’ (*permeating*).
- Brahman or *shunya* is as energy in material-nature (*jarh*) & as consciousness and knowledge in sentient nature (*chaitanya*).

- Thus, the void or *Brahman* itself is the fundamental source of energy (*urja*), consciousness (*chetna*) & knowledge (*gyana*)

4. Entire Existence

- Is ***not just*** matter, or conscious-selves or ‘absolute consciousness’
- But is the inseparable presence of material nature & conscious nature in all pervasive void (space), or energy, also called *brahman*.
- This itself is ‘Coexistence’.

Human Purpose

- *Human purpose is not just survival/consumption or ‘freedom from birth & death’.*
- The human purpose is to understand ‘all there is’ and live in the present contributing to human tradition.
- The fundamental human desire is happiness, peace, contentment & bliss, which are but synergistic states between, within, amongst the various activities of the conscious *jeevan atom*.

Human Condition & Development

- The Conscious entity (called ‘jeevan’) undergoes progressive awakening to different dimensions of Reality & behavioural characteristics.
- Internal Conflict, Delusion, Illusion, Problems & Pain manifest due to incomplete understanding/knowledge in the conscious *jeevan*. This is called animal consciousness or *jeev-chetana*.
- ‘Development’ in Humans is in the form of awareness and awakening in the Conscious Self & its exhibition of *humane qualities & conduct*. This results in happiness, peace & contentment (*sukh shanti santosha*)
- The achievement of full-awareness, internal-rest (*shram ka vishram*) & lack of conflict in the conscious self is called ***kriya purnata*** or *activity completeness*. This takes place via self-knowledge and results bliss. (+ *anand*)

- The achievement of the ultimate knowledge of Coexistence is the destination of motion (*gati ka gantavya*) and perfection in conduct. This is called *acharan purnata* or conduct perfection. This takes place via knowledge of *Brahman* & results in supreme-bliss (+ *paramanand*)
- ‘Human Development’ hence is the development in consciousness & humanness in the conscious self, or *jeevan*.
- This is Human Purpose.