

The Research – Why and How?

My brothers and sisters!

Greetings and blessings to all! I would like here to explain how and why this research happened? I am also asked to tell what was my difficulty with the status-quo? I believe, all brothers and sisters present here will listen to me attentively, and will express your views afterwards.

Entire humankind on this Earth is countable as Spiritualists, Scientists, and Naivetes.

[Here, "Spiritualist" is the one who follows or practices path shown by religious-scriptures; "Scientist" is the one who follows or practices path of prevalent-science; "Naivete" is the one who is innocent to any of these lines of thinking.]

How agreeable or disagreeable above statement of mine is with you - you will tell in future. It's evident - whatever we spiritualists, scientists, and naivetes did collectively, it has resulted in - one - disappearance of Earth's wealth of forests, and two - disappearance of Earth's wealth of minerals. With destruction of these two, this Earth has become unlivable - so are telling the scientists. We keep hearing all these things everyday. Taking this thought further - *whatever* we did led to Earth's becoming unlivable, now how this Earth can become livable - we should think a little about that as well!

My research is about *enabling* human-being to live on Earth. That's the only purpose of my research. I have made an attempt to clarify the outcomes of my research. Whether this became clear or not - only you will be able to tell after *studying* it. Everyone has the right to study, to comprehend, and then express one's views on it. This right is there in the child born today, and it's there in the old-man who's going to die tomorrow.

Entire humankind has got stuck in *criminality* in the course of its history. Prior to this, our ancestors had written in the vedic-scriptures - "Salvation is in devotion and renunciation." With the advent of Materialism - the humankind that was already greed-struck got caught in the vicious-trap of seeking "comforts and accumulations". This vicious-trap of seeking "comforts and accumulations" led to disappearance of forests and minerals from Earth. Disappearance of forests and minerals

led to imbalance in climate. And gradually our Earth became sick.

Now scientists are saying - if the temperature of Earth goes up by few more degrees, the humankind will disappear from the planet. Before 1950, the same scientists were telling - this Earth is cooling down. After 1950 they started telling - Earth is hotting up! Upon studying this, we found out - all the countries put together have conducted nuclear-tests 2000 to 3000 times. All these tests took place on this very Earth. The enormous heat that got generated by these tests, did it remain on Earth, or did it get evaporated somewhere? On asking this, the answer comes - this heat got absorbed by Earth only, and it resulted in rise of its temperature. Our Earth has got fever. Now these scientists are waiting to measure how much more the temperature of Earth would rise! Another disaster happened along side i.e. Pollution. The waste from burning of fossil-fuels caused Pollution. With these two disasters, now there's a question-mark on humankind's continuance on Earth.

Humankind has made this Earth unlivable. My research is about enabling humankind for living on this Earth.

My research is about getting a human-being established with inclination to live with justice. I am myself established with this inclination to live with justice. Justice with whom? Justice would be with other humans, and with rest of the Nature. We will talk about this a little here.

I am from the family of vedic-tradition. The age of my body is 90 years at present. Of these 90 years the first 30 years, I lived in accordance to my family's tradition. The remaining 60 years I have spent in doing this research and handing over its outcomes to humankind.

How did this research happen? - comes the question. Our ancient scriptures proclaim - "*samadhi* is the only state to know the *unknown*." Trusting that, I arrived at Amarkantak - considering it to be appropriate place. I did my *sadhana* in Amarkantak, and achieved the state of *samadhi*. On achieving this state of *samadhi*, I found - Knowledge doesn't happen in the state of *samadhi*. I saw, my faculties of *expecting*, *thinking*, and *desiring* becoming silent in the state of *samadhi*. I saw this state of *samadhi* for one to two years - but "knowledge" didn't happen in the state of *samadhi*.

Thereafter to testify my state of *samadhi*, I did *sanyam* - and thereby every reality in existence came in my study. "Existence itself is as Co-existence" - this knowledge got established in me as *bodh*, and I got the *ability* to actualize this knowledge through my *living*. Actualization of this knowledge through living leads to Trust in one's relationships. Trust happens in living... it's not in the words. I accepted this. Living thus, how to take this message to others? Education could take this message to entire humankind. And thereby I wrote the entire literature of Madhyasth-Darshan.

What was the accomplishment from this research? The accomplishment from this research is - Resolution (*samadhan*). I got Resolution in all aspects, all angles, and all dimensions. This resulted in my own living with Integrity. When I started expressing this Resolution - people around me started feeling they also need the same... And this has eventually taken me amongst you all today.

Self's Actualization is not possible if there's no Prosperity along with Resolution. The purpose of Prosperity is - Nourishment and Protection of Body, and Societal Progress. The material-wealth could be *humanely* deployed only in these three dimensions. Advents of Science resulted in our getting objects of tele-communication and for commuting to long distances - but these resulted in material disparities among people. The divide between haves and have-nots kept growing, and with this the Production became uncontrolled. Uncontrolled Production led to Earth's becoming sick. And with this there's a question mark now on humankind's survival. Where will humans live if Earth becomes sick? Where will the next generations live? These are things we need to think about... Only human-being needs to become free of criminality. Human-being needs to live in co-existence for becoming free of criminality. Human-being needs to live with equilibrium with other three natural-orders.

What I have *known* and *experienced*, I transfer that knowledge to others while living it. We have practiced this a lot, and as a result now this voice is heard far and wide in our country. This voice has reached the ears of many, there's no doubt about that. Thereafter some have expressed a wish to study this proposal as well. Presently, the maximum number of people (about 100 of them) studying this proposal are in Raipur. Chhatisgarh State-Education's all three departments - Management, Training, and Research - all three together are studying this proposal. Every human-being has the right to actualize himself. Every

child, adult, and elderly is with this right. Accepting this, we named this method of education as - "Value Education through Consciousness-Development". These people are studying for "Value-Education through Consciousness-Development" - and are committed for actualizing themselves. Here in Hyderabad also many scholars must be with that view. Keeping all this in mind, this proposal's "usefulness" kept becoming clear to me. As its "usefulness" became clear to me - my enthusiasm kept increasing. Increase in my enthusiasm assured my health too! There's no need for leaving this body soon, and I should see the outcomes of this research for few more days - so I concluded. I am ninety years now. I can see how this proposal's purpose is actualized till my last breath. Going further, you can also see actualization of its purpose, you can also put efforts, you can yourself actualize this purpose.

I devoted 25 years in doing this research (doing *samadhi-sanyam*). Thereafter I spent 10 years in designing my life-style in accordance with this research's outcome. After that I spent 10 years in surveying whether the world needs this proposal or not. Upon ascertaining that the world needs this proposal, the efforts started for taking this proposal to people. Whatever has been done till now, is there for you to see in this convention.

My own voice got strength upon recognizing the "usefulness" of my research's outcome for humankind. I can say now - **"We will not be able to live on this Earth while giving our consent to crimes."** Secondly - **"We can live on this Earth forever upon becoming resolved through this wisdom."**

We have presented study of this wisdom through method of education. The people involved with taking this proposal to the world opine that - "We should begin with Jeevan Vidya (orientation workshops) - and thereafter cultivate the inclination for study". Almost all regions in our country have now heard about "Jeevan Vidya". From this convention also we get to know - how/where the news of this proposal got spread. We became able to reach out far and wide. We are satisfied with the progress of spread of information of this proposal. The convention is also about expressing this satisfaction. The discussions among people in this convention indicate - the world needs this research's outcome, the world needs Wisdom, the world needs Resolution, the world needs Prosperity.

Now we will talk a bit about the purpose of this research.

Every human-being has the "inexhaustible capital" of *ability to imagine and freedom to act*. It's there for using - with every child, with every adult, with every elderly person. Human-being has used *freedom to act* in accordance with its *ability to imagine*. The roof of this hall is made on the basis of human-ability to imagine. The place where we are sitting is made on the basis of human-ability to imagine. The cars we drive about, the air-planes we fly in - they are all outcomes of human-ability to imagine. We humans have accepted "comforts and accumulation" as our objective of living - on the basis of our *ability to imagine*. Each and every human-being has this *ability to imagine* and *freedom to act*. *Ability to imagine* and *freedom to act* get expressed upon union of jeevan and body. These don't get expressed in a dead-person. If jeevan is there, but body isn't - then also these don't get expressed. If body is there, but jeevan isn't - then also these don't get expressed.

How did this *ability to imagine* and *freedom to act* come into being? It's based on the principle - "Coexistence is ever emerging." **Ever-emergence of coexistence led to projection of human-being as it's own image.** Human-being turned into a "criminal" after it emerged. That's the essence. That's the hitting-point. If we pay attention to this hitting-point, we can clearly understand - **Humankind has to free itself from criminality-mindset.**

Everyone can understand this proposal - young and old alike. We experimented with this in a school at Bijnaur - and the elders there started mending their ways looking at the qualities that emerged in children due to this. The visitors there too were aghast hearing the eloquence of the children there. That school got discontinued there, since the person who had given the land for school, took it back. Thereafter another experiment happened in a school near Achhoti (Raipur) - and the same eloquence in children was witnessed. This eloquence came in the view of Chhatisgarh State - and became the basis for getting the attention of the State towards this proposal. As a result there was a three day seminar conducted for about 3000-4000 school-teachers in Chhatisgarh. You can keep this event in your view.

We have come this far. But the *possibilities* ahead from this are enormous.

"Every human-being can get reformed." - that's the first possibility. Every human-being can actualize its reformation upon getting reformed. Could this possibility ever be measured!? What might happen when every human-being gets reformed? The way a cow lives in orderliness in

accordance to its specie... The way a tree lives in orderliness in accordance to its seed... And prior to that, the way every matter exists in orderliness in accordance to its constitution... In the same way, human-being can live with orderliness with human-ness upon reformation.

This research has made the *study of human-being* possible. Thus far in human-history the *study of human-being* was missing. Idealism escaped from studying human-being, and Materialism too is escaping. Both Idealism and Materialism couldn't achieve the *study of human-being*. This curse is there on humankind. In the absence of *study of human-being*, the ideologies and human-made systems that emerged were all "fictitious". Within a family itself we can see twenty points of contentions. This way, no way emerged for Equality in men and women. secondly, the divide between rich and poor couldn't be bridged. Poor kept becoming poorer. Rich kept becoming richer. All experiments - "good" or "bad" - with the objective of achieving gender-equality and for bridging the divide between rich and poor, resulted in bad. None of these showed the way for humankind's salvation. Now with this research, there's a way for assuring gender-equality, and also for achieving the equilibrium among rich and poor.

The equality of men and women comes on the basis of wisdom. Every man and woman has *ability to imagine* and *freedom to act* - and on that basis, every man and woman can *accept* the wisdom. Equality in genders will not happen on the basis of *appearance*. Appearance is with body, wisdom is with jeevan. Equality in men and women can't be achieved on the basis of *wealth*. Everyone can't have the same amount of wealth. Every one can't be given the same *position*. Equality in genders can't be achieved on the basis of position. *Brute-force* too can't be the basis of achieving equality in genders. The equality among men and women is only possible on the basis of wisdom. Every man and every woman can become wise.

In our country, the Idealists kept trying to explain knowledge - but they couldn't succeed. Or their decline happened somewhere or the other. Either they didn't get the complete-picture or it got spoilt upon getting in the hands of priests and church. Whatever may have happened among the two - the fact is, wisdom (to live with human-ness) hasn't come into human-tradition. The *expectation* in humankind has always been of Wisdom. Here, in this gathering, and those who are not here as well - the expectation for wisdom is there. In my view, every human-being wants to become wise - and there's a need to create opportunities for that. Every

human-being wants to become prosperous - and there's a need to create opportunities to become prosperous with real goods.

If we achieve "Equality in men and women" and "Equilibrium in rich and poor" - we can live on this Earth forever.

Crimes by human-being on Earth have primarily took place through excavating coal, fossil-fuel, and radiation-metals. Earth's imbalance is the result of these crimes by humans. The radiation-metals were used for conducting the 3000 nuclear-tests on Earth. The enormous heat generated due to these tests has got absorbed in this Earth itself. As a result the Earth has become sick. Human-being can do something healthy only if Earth stays healthy. If Earth itself becomes unhealthy what could human-being do? Where would it do? We will have to decide that after thinking. Do we want to live on this Earth while keeping its equilibrium, or not? If we want to live then we need to free ourselves from criminal-mindset.

Madness for gratification from senses itself is the trap of criminal-mindset. If we chase for gratifying our senses, nothing apart from crime would result. If we go about with wisdom then nothing apart from Resolution would result.

I had asked in a meeting of 20-25 ladies from very-rich families of Raipur - Should men and women chase for gratifying their senses - or should the senses be under control? After two and a half hour of intense discussion they concluded - "If we only chase for gratifying our senses then we are no more than animals. We can become truly human only when our senses are within control." Now everyone can verify for him/herself how mad he/she is behind senses - and how much his/her senses are in control. Every man and every woman can do this verification, and on that basis they can address their children.

Howsomuch we may work for gratifying our senses - they don't get satiated. Working this way only results in crimes. A human-being can actualize Resolution only with fulfilled self. A human-being actualizes crimes with unfulfilled self.

Now we need to conclude whether we want to become fulfilled, or stay unfulfilled. We are gathered here to conclude just that. Should we continue working on satiating our senses, or should we work on getting our senses under control? We are here to conclude on that.

"We need to have our senses in control." - If we come to this conclusion then we need the study of this "Alternative" proposal.

This proposal is "an alternative" to both Idealism and Materialism.

Idealism/Theism starts with "mystry" and it ends in "mystry". Secondly, with Materialism the objective of human-living becomes seeking "comforts and accumulations". There is no point of fulfillment of comforts and accumulation. How so much we may amass comforts, there is always a place for "more comforts". How so much we may accumulate, the next number is always there.

If we think from this alternative proposal, we find - **"Human-being's natural objective is Resolution, Prosperity, Trust, and Coexistence."**

Now we need to conclude - whether we want to continue chasing *comforts and accumulations*, or we want to move towards *resolution and prosperity*?

Now we need to conclude - whether we have to keep chasing for satiating our senses, or do we want to get our senses in control?

If we want to move towards *resolution and prosperity*, If we want to get our senses in control - then we have to have the "wisdom".

"Wisdom" means - Understanding existence as coexistence, and living in coexistence.

Living in coexistence means our living with *justice*. Living with justice means - being free from "blame", "accusation", and "complaint". If we ignore coexistence, and think of living with individualism/communalism - only problems get generated. Human-being becomes free from individualism by living with human-ness. When we *comprehend* and *live* the development of consciousness - we become free of both individualism and communalism. I am myself *evidence* of comprehending and living of consciousness-development. You can trust those who testify themselves thus.

I will now conclude while offering my greetings and blessings to you. You all want good to happen - therefore my greetings to you! May your commitment for good succeed - therefore my blessings to you! Now I would welcome any questions that you may have on what I just said. I have answers to your questions. I have answers to all problems that are there on this Earth.

- Based on Baba Shree Nagraj Sharma's address in National Convention on Jeevan Vidya (1 October 2009, Hyderabad)